



ELEVATE

— WELLNESS —

THERAPEUTIC MASSAGES

Back, neck & shoulder 30min	R 390
Hotstone back & neck 45min	R 490
De-stress full body 60min	R 690
SOS recovery with CBD 90min	R 890
Pre-Natal massage 60min	R 690

BELLABACI BODY DETOX, CELLULITE & LYMPH DRAINAGE

Combo of body guasha & cupping to contour, smooth cellulite & tone the skin. Boosting lymphatic drainage & breakdown stagnation, improves oxygenation & eliminate toxins.

Body detox & sculpt	70min	R 790
Renew hydrating	60min	R 690
Renew hydrating	90min	R 900
Circuflow lymph	60min	R 750
Circuflow lymph	90min	R 950
Guasha & cupping	90min	R 950

BODY ADDITIONAL OPTIONS

Enhanced additions with your choice of body massage or treatment.

Dry body ritual (Bellabaci 75% copper fiber body brush) R 200

Bellabaci customized exfoliation, wrap & shower 45min R 790

ELEVATE ELITE PACKAGES

Bellabaci Mojo Multivitamin 90min R 850

Copper dry body brush, followed by a luxurious mojo vitamin balm massage. Super hydrating & relaxing.

Add skin glow & sculpt treatment R 390

Ultimate Body Bliss 2 hrs

Bellabaci guasha/cupping treatment, followed by a Nautilus Calm Facial & Reflex foot treat

(Incl. Refreshments) R 1500

FOOT & LEG THERAPY

Medi-heel callus peel treatment & relaxing massage 45min R 550

Reflex foot massage 30min R 450

Foot & leg recovery 30 min R 450

OPTIONAL ADD ON'S

Brow tint & shape	30min	R 170
Head/scalp massage	30min	R 390
Back facial & massage	60min	R 750
Mojo multivit handtreat	30min	R 390

ON REQUEST

Advanced skin peels (seasonal)

Waxing hair removal

Customized wellness packages

Mobile wellness services

Consultation on parasite detox, skin & body wellness

Elevate Wellness Studio

Step into a haven of tranquility and transformation at Elevate Wellness Studio. Led by Elaine Barnard, international professional aesthetician. Immerse yourself in a serene, nature-inspired setting where you can heal, relax & rejuvenate.

Serpentine Manor – Wilderness

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ADVANCED SKIN

Bellabaci Nautilus Calm Skin Treatment 60 min R 750
Experience the ultimate in comfort, hydration & unveil a flawlessly unified smooth complexion.

Bellabaci Nautilus Vitamin Sea Treatment 60min R 750
Targets deep wrinkles, stimulates collagen & enhances skin complexion. Boost longevity, skin-cell turnover & burst of energy to the skin.

Dermaplaning 40min R 550
Dermaplaning Facial incl mini peel 70min R 890
A gentle exfoliating treatment removing dead skin cells & peach fuzz for instantly smoother & brighter skin. Enhanced product absorption & radiant complexion.

Bellabaci Nautilus Cupping & Sculpt 60min R 750/ 90min R 950
Stimulates natural production of collagen & elastin. Non-invasive face massage to sculpt, hydrate, firm & tone. Smoother & radiant looking skin.

THE SKINLAB PRO TREATMENTS

Skinlab – Powerlift 60min
Lift & sculpt anti-ageing R 790

Skinlab – Hydra BTOX 70min
Targets expression lines & wrinkles
–Incl. mini Skinlab peel R 950

Skinlab – Recovery Skin 60min
Calming & restoring R 750

THE SKINLAB PROFESSIONAL PEEL TREATMENTS

Professional Chemical Peels – 60/70 min

Glycolic Acid 35%
Skin renewal-mature skin

Lactic Acid 30%
Dehydration, dull, pigmentation and ageing

Green Peel – Herbal Infused
Enlarged pores, acne-scarring, wrinkles & sun-damage skin

Lunchtime Peel – 30min
Customised as required

Price from R 590 – R 890